



DECEMBER 2017: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	1 Rold Gold® Heartzels
				100% Fruit Juice & Seasonal Fresh Fruit
4	5	6	New York Thursday 7	8
Honey Roasted Sunflower Seeds	New York Apple Slices	Ranch Carrot Snackers	Rold Gold® Heartzels	Land O'Lakes® Cheddar Cheese Stick
Craisins	Blueberry Granola		Hummus Cup	Whole Grain Crackers
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
11	12	13	New York Thursday 14	15
Upstate Farms® Yogurt	Seasonal Fresh Fruit	Land O'Lakes® Colby Cheese Stick	Back to the Roots® Cinnamon Cluster	Rold Gold® Heartzels
	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Crackers		
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
18	19	20	New York Thursday 21	22
Organic Stonyfield® Yogurt	2 Fresh Bananas	Land O'Lakes® Mozzarella Cheese Stick	Back to the Roots® Organic Purple Corn Flakes	Rold Gold® Heartzels
	Apple Granola	Whole Grain Crackers		
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit
Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28	Winter Recess 29
Honey Roasted Sunflower Seeds	New York Apple Slices	Ranch Carrot Snackers	Rold Gold® Heartzels	Land O'Lakes® Cheddar Cheese Stick
Craisins	Blueberry Granola		Hummus Cup	Whole Grain Crackers
100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit	Milk	100% Fruit Juice & Seasonal Fresh Fruit

Milk Choices

1% Low-fat
Fat Free
Fat Free Chocolate

All Fruit Offerings are 1 cup
If Juice is served there must ALSO be a Fruit

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Snack Menu



MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD HAS A PORK FREE MENU