




## NOVEMBER 2017: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	New York Thursday 2	3
		Land O'Lakes® Colby Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Cinnamon Cluster    Milk	Rold Gold® Heartzels    100% Fruit Juice & Seasonal Fresh Fruit
6	Election Day 7	8	New York Thursday 9	10
Organic Stonyfield® Yogurt    100% Fruit Juice & Seasonal Fresh Fruit	2 Fresh Bananas   Apple Granola   Milk	Land O'Lakes® Mozzarella Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Organic Purple Corn Flakes    Milk	Rold Gold® Heartzels    100% Fruit Juice & Seasonal Fresh Fruit
13	14	15	Half Day K-8 16	17
Honey Roasted Sunflower Seeds  Craisins  100% Fruit Juice & Seasonal Fresh Fruit	New York Apple Slices  Blueberry Granola  Milk	Ranch Carrot Snackers    100% Fruit Juice & Seasonal Fresh Fruit	Rold Gold® Heartzels   Hummus Cup  Milk	Land O'Lakes® Cheddar Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit
20	21	22	Thanksgiving Break 23	24
Upstate Farms® Yogurt    100% Fruit Juice & Seasonal Fresh Fruit	Seasonal Fresh Fruit  Nature Valley™ Oats 'n Honey Granola Bar  Milk	Land O'Lakes® Colby Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Cinnamon Cluster    Milk	Rold Gold® Heartzels    100% Fruit Juice & Seasonal Fresh Fruit
27	28	29	New York Thursday 30	
Organic Stonyfield® Yogurt    100% Fruit Juice & Seasonal Fresh Fruit	2 Fresh Bananas   Apple Granola   Milk	Land O'Lakes® Mozzarella Cheese Stick  Whole Grain Crackers  100% Fruit Juice & Seasonal Fresh Fruit	Back to the Roots® Organic Purple Corn Flakes    Milk	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

**Milk Choices**  
 1% Low-fat  
 Fat Free  
 Fat Free Chocolate

All Fruit Offerings are 1 cup  
 If Juice is served there must ALSO be a Fruit

After School  
 Snack Menu



MENUS ARE SUBJECT TO CHANGE  
 SCHOOLFOOD HAS A PORK FREE MENU