



SEPTEMBER 2017: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
Labor Day 4	5	6	First Day of Classes 7	8
Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes 100% Fruit Juice Seasonal Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Colby Cheese Stick Hot Oatmeal Warm Peach Topper 100% Fruit Juice Seasonal Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices	Warm Honey Corn Loaf Turkey Sausage, Egg & Cheese on a Soft Roll Back to the Roots® Organic Purple Corn Flakes 100% Fruit Juice Seasonal Fresh Fruit
11	12	13	New York Thursday 14	15
French Toast Dippers Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Seasonal Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Cheddar Cheese Stick Hot Oatmeal Warm Peach Topper 100% Fruit Juice Seasonal Fresh Fruit	Canadian Bacon, Egg & Cheese on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Yogurt Parfait Fresh New York Apples	Warm Blueberry Loaf Cheese Omelet with Buttermilk Biscuit Back to the Roots® Cinnamon Cluster 100% Fruit Juice Seasonal Fresh Fruit
18	19	20	Rosh Hashanah 21	Rosh Hashanah 22
Tasty Waffles Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes 100% Fruit Juice Seasonal Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Mozzarella Cheese Stick Hot Oatmeal Warm Peach Topper 100% Fruit Juice Seasonal Fresh Fruit	Beef Sausage & White Cheddar Sandwich Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices	Whole Grain Croissant Served with Jelly Turkey Sausage Crumble Egg & Cheese Wrap Back to the Roots® Organic Purple Corn Flakes 100% Fruit Juice Seasonal Fresh Fruit
25	26	27	New York Thursday 28	29
Cinnamon Pancakes Served with Syrup Turkey Canadian Bacon Back to the Roots® Organic Purple Corn Flakes 100% Fruit Juice Seasonal Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Colby Cheese Stick Hot Oatmeal Warm Peach Topper 100% Fruit Juice Seasonal Fresh Fruit	Cheese Omelet with a Buttermilk Biscuit Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Seasonal Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices	Warm Honey Corn Loaf Turkey Sausage, Egg & Cheese on a Soft Roll Back to the Roots® Organic Purple Corn Flakes 100% Fruit Juice Seasonal Fresh Fruit
			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

<p>Milk 1% Low-fat Fat Free Fat Free Chocolate</p>	<p>Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears</p> <p>Canned Fruit Peaches, Pears, Pineapples</p>	<p>OFFERED DAILY</p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Pre-K 3 - Grade 8 Breakfast Menu</p>	<p>100% Fruit Juice Apple, Fruit Punch, Grape, Orange</p> <p>Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa</p>	<p>Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K 3 & 4 Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.