



SEPTEMBER 2017: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 4	5	6	First Day of Classes 7	8
Organic Stonyfield® Yogurt	2 Fresh Bananas	Land O'Lakes® Mozzarella Cheese Stick	Back to the Roots® Organic Purple Corn Flakes	Rold Gold® Hartzels
100% Fruit Juice & Seasonal Fresh Fruit	Apple Granola	Whole Grain Crackers	Milk	100% Fruit Juice & Seasonal Fresh Fruit
11	12	13	New York Thursday 14	15
Honey Roasted Sunflower Seeds	New York Apple Slices	Ranch Carrot Snackers	Rold Gold® Hartzels	Land O'Lakes® Cheddar Cheese Stick
Craisins	Blueberry Granola	100% Fruit Juice & Seasonal Fresh Fruit	Hummus Cup	Whole Grain Crackers
100% Fruit Juice & Seasonal Fresh Fruit	Milk	Milk	Milk	100% Fruit Juice & Seasonal Fresh Fruit
18	19	20	Rosh Hashanah 21	Rosh Hashanah 22
Upstate Farms® Yogurt	Seasonal Fresh Fruit	Land O'Lakes® Colby Cheese Stick	Back to the Roots® Cinnamon Cluster	Rold Gold® Hartzels
100% Fruit Juice & Seasonal Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Crackers	Milk	100% Fruit Juice & Seasonal Fresh Fruit
25	26	27	New York Thursday 28	29
Organic Stonyfield® Yogurt	2 Fresh Bananas	Land O'Lakes® Mozzarella Cheese Stick	Back to the Roots® Organic Purple Corn Flakes	Rold Gold® Hartzels
100% Fruit Juice & Seasonal Fresh Fruit	Apple Granola	Whole Grain Crackers	Milk	100% Fruit Juice & Seasonal Fresh Fruit
			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Milk Choices
 1% Low-fat
 Fat Free
 Fat Free Chocolate

All Fruit Offerings are 1 cup
 If Juice is served there must ALSO be a Fruit

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